

UNIVERSITY OF PERADENIYA පේරාදෙණිය විශ්වවිදපාලය CENTRE FOR DISTANCE AND CONTINUING EDUCATION දුරස්ථ හා අඛණ්ඩ අධාාපන කේන්දය



පළමු වසර ශාස්තුවේදී උපාධි පරිකෂණය (බාහිර - නව නිර්දේශය) 2018 දෙසැම්බර් FIRST YEAR (100 LEVEL) EXAMINATION IN BACHELOR OF ARTS (EXTERNAL - NEW SYLLABUS) DECEMBER 2018

SUPE 007: BUDDHIST PSYCHOLOGY

Answer <u>FIVE</u> questions only, (The total number of questions in this paper is 10)

(Three Hours)

- 1. "The Buddhist concept of mind is totally different from the western dualistic understanding of mind and body". Comment
- 2. "Meditation can be used to treat certain psychological problems." Discuss.
- 3. 'According to Buddhism mind is not a static organ but a process'. How do you interpret this?
- 4. "It is to a psychological account of human life that the Four Noble Truths of Buddhism are primarily relevant." Discuss.
- 5. Explain, how does the Buddhist perspective on emotions differ from western interpretation of emotions?

PTO ...

- 6. Buddhism does not talk about rights but it promotes duties as remedy to most of social problems. Explain.
- 7. What is Buddhist contribution to happy and meaningful married life? Explain.
- 8. How does Freudian understanding on "Basic motivations" differ from the Buddhist understanding?
- 9. Good friendship consists in association and it helps to create a better world.

 Discuss this from the Buddhist psychological perspective.
- 10. Buddhist social psychology contributes to the resolution of social conflicts. Comment.